

Amanda-Activities Specialist

480-503-6059

Lisa-Outreach Specialist

480-503-6061

The Gilbert & Chandler Senior Centers, along with AZCEND would like to thank The United Way, The Town of Gilbert, The City of Chandler, and Area Agency on Aging for their continued donations to our Meal Program.

# February 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pork Ribbette Potato Wedges California Blend Grapes	2 Salmon Puttanesca Tomatoes, Zucc, & Squash Green Beans Strawberries	3 Turkey Chili Broccoli Baked Potato Honeydew Melon	4 Cheese Ravioli Spinach Salad Cauliflower Fruit Cocktail
7 Orange Chicken Red Cabbage Stir-Fry Veggies Mixed Berries	8 Cottage Pie Mashed Potatoes Peas & Carrots Mandarin Oranges	9 Shrimp Linguini Broccoli Cauliflower Tropical Fruit	10 Roasted Pork w/Green Beans Mashed Yams Cranberry Applesauce	11 Lentil Soup Garden Salad Ambrosia
14 Cheeseburger Red Potato Salad Chuckwagon Corn Grapes	15 Chicken Salad Sand. Tomato Bisque Cucumber & Tom. Salad Pina-Colada Fluff	16 Moroccan Pork Brussel Sprouts Root Veggies Mangos	17 Beef Stew Coleslaw Cornbread Berry Crisp	18 Veggie Lasagna Collard Greens Succotash Pears
21 <b>CLOSED</b>	22 Tuna Salad Beets Veggie Soup Honeydew	23 Eggplant Parmesan Italian Veggies Broccoli Berries & Cream	24 Crab Stuffed Baked Sole Asparagus Crinkle Carrots Apples w/Cinnamon	25 Meatloaf Mashed Potatoes Green Beans Apricots & Yogurt
28 Cheese Tortellini Baby Carrots Cauliflower Mandarin Oranges				

The suggested donation for active participants over 60 years is \$3.50. The cost for guests under 60 years is \$5.00. Reservations are REQUIRED at this time. Please call 480-503-6061 or 480-503-6059 before 3pm M-F to reserve your meal. Contributions above the suggested donation are always appreciated. **Menus are SUBJECT TO CHANGE.** Lunch is served from 11:30-12:30 M-F